

Emily Glasser, AP, LAc, ACN, Dipl.OM

Biography

Emily Glasser is the founder and owner of 3 Points Health & Wellness, situated in Ponte Vedra, Florida, where she integrates acupuncture, nutrition and functional medicine.

She is a board certified, licensed acupuncture physician, a nationally certified diplomate of Oriental Medicine, certified clinical nutritionist and functional medicine specialist.

She regularly lectures across the United States for major colleges and universities on functional medicine, lab testing and analysis, nutrition and herbal medicine and a variety of health topics from thyroid to blood sugar to hormone balance. Her seminars are attended by western medical doctors, chiropractors, acupuncturists, nutritionists, nurses, dentists and veterinarians.

She also holds a Masters in Traditional Oriental Medicine from Pacific College of Oriental Medicine in San Diego and a B.A. in Dance which served her well in understanding anatomy and physiology as well as the demands that dance and sports place on the body.

Emily is passionate about the power of prevention. Her goal is to educate, inspire and empower people to take back their health.

“When the body is viewed as an integrated whole, we can better understand its needs. This idea is founded in Aristotle’s famous credo that ‘the whole is greater than the sum of its parts.’”